



Badge: The Community Award - for 13-18 years of age.

**About the badge:** The badge will demonstrate how the individual can actively assist during and after an emergency. For example, helping at an evacuation centre or filling sandbags.

#### How it works:

This pack is designed to help 13-18 year olds achieve the Community Safety Award. Activities can be undertaken either at home or in the meeting place.

## Award criteria and activities to complete:

There are five activities; all five are compulsory to gain the Award

### **Compulsory to complete:**

- Task 1: Write a list of what should be included within a house hold grab bag with an explanation of why.
  You should also consider requirements for household pets and what needs to be stored in a family vehicle.
- Task 2: Understand and explain to your parents why a house and its occupants should have an emergency plan, where it should be kept and what should be in it.
- Task 3: Produce a leaflet, handout or poster on what to do in an emergency (you may pick any emergency, i.e. flooding, snow, heat wave or disease).
- Task 4: Find out about an International Agency based in the UK that is involved in Disaster Relief, have a discussion within your parents about the work they do, and give examples of when they have helped during a national or international disaster.
- Task 5: Disease, there are two types for you to look into; Human and Animal. Write a brief paragraph on each of the below.
  - What control measures would you implement to minimise the spread of human diseases?
  - Name three events that have affected the British economy due to Animal Diseases. What were they, how were they spread and controlled and what the impact on the economy was?



#### **Parent Information:**

This pack is designed to help 13-18 year olds achieve the Community Safety Award. Activities can be undertaken either at home or in the meeting place. Each activity has a page consisting of information on safety relating to the activity and a task to perform.

#### Parent Guide:

Task 1: Write a list of what should be included within a house hold grab bag with an explanation of why. You should also consider requirements for household pets and what needs to be stored in a family vehicle.

Things to include:

- Details of regular prescription items for your family
- Paper copy of useful telephone numbers
- Mobile phone and charger
- Important documents
- National Health Service number
- Important computer information stored on a memory stick
- Toiletries
- First aid kit
- Antibacterial hand gel
- Bottles of water
- Snack bars / chocolate
- Wind up or battery radio including spare batteries
- Wind up torch or torch with spare batteries
- Notebook and pen / pencil
- Essential keys (House)
- Special items (glasses / contact lenses etc)
- Cash
- Other items you may need make a list (playing cards, toy puzzle etc.)

Pets (keep a separate emergency bag for your pets in case they need to be evacuated. Contents will depend on the type of pet but may include):

- Water, food and bowls
- Leash / muzzle / harness
- Medication, health records, license and microchip numbers
- Blanket, pet carrier or cage
- Photo of your pet in case it gets lost
- Plastic bag for waste

#### Car and vehicles:

- Snow; Warm clothing, flask of hot drink, bottle of water, full tank of fuel.
- Flood; Warm, waterproof clothing, towel, flask of hot drink, bottle of water
- Heatwave; loose clothing, hat, suntan cream, bottle of water

# Task 2: Understand and explain to your parents why a house and its occupants should have an emergency plan, where it should be kept and what should be in it.

- Ideally it should be written, but it could just be a discussion on what you would do in an emergency. Try to avoid alarming younger members of the household. It should cover:
  - o The potential risk in your home and the surrounding area
  - How and when to call the emergency services
  - o Escape routes how to get out the house / surrounding area
  - Where to meet if separated a nearby landmark or a friend's house
  - o An alternative meeting place further away from your home
  - o Emergency contacts someone to call and say you are safe
  - A safe secure place for important documents
  - o An Emergency Grab bag useful items to take with you
  - o A box of essentials to last three days if you cannot leave your home
  - How to make a home secure locking doors and windows

## Task 3: Produce a leaflet, handout or poster on what to do in an emergency (you may pick any emergency, i.e. flooding, snow, heat wave or disease).

• Parent to use their best judgment.

# Task 4: Find out about an International Agency based in the UK that is involved in Disaster Relief, have a discussion within your parents about the work they do, and give examples of when they have helped during a national or international disaster.

- There are many Disaster Relief groups based in the UK. By looking on the web, find information out about one of them.
- By having all the right information to hand, you should be able to complete the above tasks.

## Task 5: Disease, there are two types for you to look into; Human and Animal. Write a brief paragraph on each of the below.

- What control measures would you implement to minimise the spread of human diseases?
- Name three events that have affected the British economy due to Animal Diseases. What were they, how were they spread and controlled and what the impact on the economy was?
  - o Examples to look at for example; Flu, STD's, Chicken pox etc
  - Examples to look at for example; Avian Influenza, Foot & Mouth, Bluetongue or Bovine Spongiform
  - Encephalopathy (BSE)